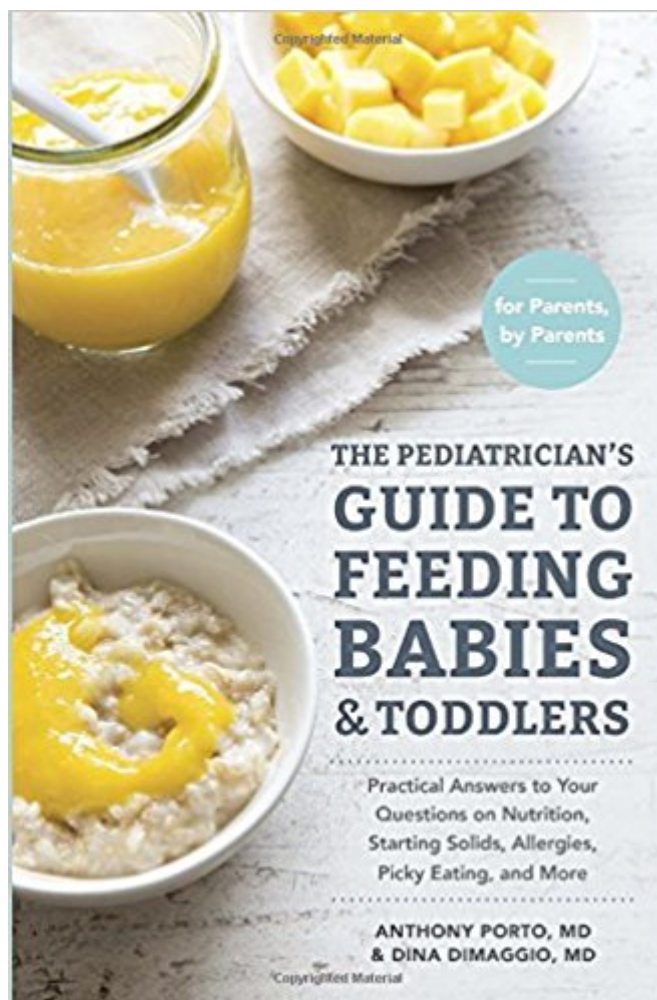


The book was found

The Pediatrician's Guide To Feeding Babies And Toddlers: Practical Answers To Your Questions On Nutrition, Starting Solids, Allergies, Picky Eating, And More (For Parents, By Parents)





Synopsis

A comprehensive manual for feeding babies and toddlers during the crucial first years of life, written by a team of medical experts who are also parents. All Your Questions about Feeding, Answered. The choices of when, how, and what to feed your baby can be overwhelming. With The Pediatrician's Guide to Feeding Babies and Toddlers, you have the expertise of a team of pediatric medical and nutritional experts who also happen to be parents in a comprehensive manual that takes the guesswork out of feeding. This first-of-its-kind guide provides practical, easy-to-follow advice to help you navigate the nutrition issues, medical conditions, and parenting concerns that accompany feeding. With recipes, parenting stories, and recommendations based on the latest pediatric guidelines, this book will allow you to approach mealtime with confidence so you can spend more time enjoying your new family.

Book Information

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Customer Reviews

"Pediatricians Porto and DiMaggio offer a systematically organized, practical, and up-to-date guide to baby feeding from birth until toddlerhood. Their work will leave parents feeling informed but not overwhelmed. [...] Parents will find the chapters useful to read through as their children reach each stage, and well enough organized to use as a reference when particular concerns come up." Publishers Weekly "Dina and Anthony's book is a goldmine, chock-full of up-to-date information and clear answers to virtually any feeding question a mom or dad could have." Jenna Helwig, Food Editor, Parents magazine, and author of Real Baby Food "The Pediatrician's Guide To Feeding Babies and Toddlers is one of the best and

most complete manuals for parents and Pediatricians alike. It is written so that a non-medical reader can clearly understand it and yet the contents are so complete that it should be mandatory reading for every Pediatric Resident. What I loved best about the book were the authors' personal anecdotes and the fun recipes sure to please every age group. I highly recommend this book and will now have a go to book to recommend to my patients."

•Amy R DeFelice, MD, Pediatric Gastroenterologist, Columbia University, Director, Nutrition Support Services Associate Professor of Pediatrics

Dina DiMaggio is a board certified pediatrician working at Pediatric Associates of NYC and NYU Langone Medical Center. She completed her medical training at Albert Einstein College of Medicine, Children's Hospital at Montefiore, and Memorial Sloan Kettering Cancer Center. She has received numerous research awards, Patient's Choice awards, compassionate doctor recognition, and was featured in the New York Times Magazine as a Super Doctors in 2014 and 2015 New York Rising Star. She is dedicated to educating parents on baby and toddler nutrition and gives talks to parents throughout New York.

Anthony F. Porto is a board certified pediatric gastroenterologist, an Assistant Professor of Pediatrics, and Associate Clinical Chief at Yale University. He completed his medical training at Tufts University, Children's Hospital at Montefiore, and Columbia University. He has received numerous awards including the Norman J. Seigel Award at Yale University for leadership and outstanding clinical care and Physician of the Year at Columbia University. He has been named Castle Connolly Top Doctors since 2012. Anthony is interested in nutrition, especially in the care of children with difficulty gaining weight, feeding issues, and celiac disease.

I bought this book as my daughter was having her first baby. She bought a book as well. Her baby is one month old now. My daughter keeps this book on her coffee table and almost every time I go by to see her and the baby I grab the book for answers to questions we have. It is so great to have this book as a resource for answers and a guide to help my daughter as a new mother.

I am a general pediatrician and mother of 2 girls ages 4 years and 10 months. This is an excellent book with all of the evidence based feeding guidelines and advice in one place. I highly recommend this book to not only doctor parents but anyone else as well!

This book is very helpful and I am happy I made this choice after reading other reviews. I feel

confident in my ability to introduce the right foods at the right times.

I picked this book out because it had great reviews and seemed like a helpful resource- I was right! I'm a social worker, mom, and blogger who likes to share information and resources. This is fairly comprehensive, yet simple book I would recommend to parents and professionals. It has a variety of topics, lots of tables and graphs to gather relevant information quickly, and a table of contents and index that are easy to use. A great go-to book for all your questions on feeding babies and toddlers. I received this book from Blogging for Books for my honest opinion.

Love this book! I have a toddler now and I wish I had this book when my child was an infant. I would have spent less time searching the web for answers to what to feed my child. The recipes are great and easy. I already made a few but my child's favorites are the overnight oats and strawberry 'ice cream.' Can't wait to try the others. A must have for every parent!

Posted by Natasha S. This book is a must for any parent and first of its kind! As a pediatrician, I will happily recommend it. It is well-organized, informative, upbeat, and practical. The pediatricians and specialists who wrote the book are all top-rate doctors and used up-to-date practice guidelines along with helpful, commonsense advice. Wonderful book!

I bought this book when my daughter was almost three months old because I knew nothing about starting babies on solid foods. So far, it has been a great resource in helping me learn what to feed my baby and when. She's 6mo now and I plan to continue using this guide to help me get her started on healthy eating habits at a young age.

Love this guide - Very informative and has great recipes that adults and toddlers can enjoy. Highly Recommend!

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